

Report of activities of Karnataka Orthopaedic Association from Nov 2011 to February 2012

November 2012

1. One day CME course by Bangalore Orthopaedic Society on Hand and Microvascular Surgery was conducted in Bangalore. About 150 Post graduates and junior consultants attended the meeting. The meeting included guest lectures and paper presentation.
2. Indo Srilankan live workshop on ACL reconstruction was conducted in KMC Hospital Manipal. President of Srilankan Orthopaedic Association Dr. Anand Perrera and Prof P Sripathi Rao were the resource persons. About 50 Arthroscopic Surgeons attended the meeting.
3. Free Osteoporosis detection and treatment camp was conducted in KMC Manipal on 12th November 2011. About 122 patients got the benefit out of it.
4. Interactive CME and Cadaveric workshop on Hip & knee replacement was conducted in Bangalore Medical College Bangalore. It was a one day session which included lectures workshop on bone models and workshop on soft cadavers. About 200 Orthopaedic surgeons from various part of South India attended the meeting
5. KOA in collaboration with British Orthopaedic Society sent two Orthopaedic Surgeons from Karnataka to UK for higher training. Dr. Manoj from Bangalore Medical College and Dr. Gururaj, a private practioner. This International fellowship was sponsored by KOA.
Dr. Gururaj worked in Tameside General Hospital, Manchester for 4 weeks. He learnt basics of arthroscopy and arthroplasty under Dr. Bharri, Dr. Penna, Dr. Talwa and Dr. Chan.
Dr. Manoj who was the second International fellow, spent his time in Derby and Oswestry. He was with Mr. Bommireddy and Mr. Keizl in Derby and with Mr. Birendra Balian and Mr. Neil Davidson in Oswestry. He was interested in spine and could see and learn lot of surgeries of spine.
6. 35th Annual conference of the Indian Society Surgery of the Hand was conducted in Manipal, on November 25th to 27th (ISSHCON 2012). The conference was attended by 192 delegates from all over India and also from United Kingdom, UAE, Bangladesh and Russia. The conference was inaugurated uniquely by the invited dignitaries and also children who had undergone Pollicisation at unit of Hand and Microvascular Surgery, KMC, ManipalThe programme started with a CME on “Current concepts in Hand surgery” in the morning session of first day and in the same afternoon had two workshops
1.” Distal radius LCP fixation and Scaphoid fixation on saw bone models which was conducted by Dr. Sharath Rao, Dr Anil Bhat and Dr Monappa.

2. Cadaveric hand flaps dissection” was conducted by Dr. Sudhir Warriar and Dr. Anil Bhatia

The conference included a rich scientific programme comprising of symposiums, orations, guest lectures, video demonstration sessions, teaching sessions and free papers and poster presentations.

The Dr R Venkataswami Oration was on ‘Super Microsurgery of Nerves’ delivered by Dr Aymeric Lim, Associate Professor, Senior Consultant, Department of Hand & Reconstructive Surgery and Chairman, Medical Board, National University Hospital, Singapore

The Dr B. B. Joshi Oration was on ‘Carpal instabilities with emphasis on Scapho-lunate injuries’ delivered by Dr Wolfgang Huber, Consultant Trauma & Hand Surgeon, UKH Linz Trauma Centre, Austria

The Hand therapists were a part of this conference and both physiotherapists and occupational therapists practising hand therapy participated in large numbers. They had parallel workshops and CME apart from common sessions with the Hand Surgeons..

7. KOA members Dr. Jaganath Kamath bagged the best paper award and Dr. Suman , the best poster award in the 35th Annual conference of the Indian Society for Surgery of the Hand (ISSHCON2012).
8. District clubs of KOA – Raichur, Bidar, and Mysore had new Office bearers elected to the office and their activity reports were sent to KOA Office.

December 2012:

1. KOA members actively participated as faculty and as delegates in the IOA Conference in Noida. They were the resource persons in the workshops, CMEs, Seminars and symposiums conducted. KOA also conducted the PG quiz of IOA. About 20 guest lectures in the conference and CME and about 12 papers were read in the IOA by KOA members.
2. “Poly trauma and Initial management of spinal injury patients & CPR” was conducted by group of doctors of KOA to the Medical and paramedical staff of Nuclear Power Corporation of India Lmt. On 16th & 17th December 2011.
3. The 5th Bangalore Shoulder Course badged by the Royal College of Surgeons of Edinburgh, under the aegis of Karnataka Orthopedic Association was conducted at SPARSH Hospital for Advanced Surgeries, Infantry Road, Bangalore on 3rd and 4th December 2011. Dr.SharanPatil ,Dr.M.Reddy, Dr.M.Jatti were the Course organizers. Senior Faculty was Prof Angus Wallace from Queens Medical Centre, Nottingham, UK. Mr.Muddu, Mr. Jeyam, Mr.Webb and Mr.Machani were part of the UK faculty. Indian faculty constituted Dr. Ashish Babulkar (Pune), Dr.Subramanian, Dr. Ashok Kaul and Ms.Varsha from SPARSH Hospital, Bangalore. There were three live surgeries, hands on workshop and interactive sessions. About 150 surgeons attended the meeting.
4. Free osteoporosis detection and treatment camp was conducted in Manipal on 10th December 2011. 96 patients were treated free of cost.

5. Canara Orthopaedic Society conducted one day PG CME on 18th December. 82 postgraduates attended the meeting. The program included lectures, radiology session and clinical case discussions.
6. Two KOA members were selected for inland fellowship of KOA. Dr. Sameer Haveri Asst. Prof from JNMC Belgaum and Dr. Nataraj AR private practitioner from Hubli were selected for the fellowship. They visited Sparsh Hospital during the fellowship of one month. They worked in the OT and OPD in the various specialities of Orthopaedics.
7. Johnson and Johnson IOA fellows visited Karnataka and spent 3 days in Mangalore and Manipal. In Mangalore they visited various hospitals and watched surgeries. Canara Orthopaedic Society hosted an academic program where they shared their experience with other members. In KMC Manipal they visited and experienced various sub speciality work done by the department of Orthopaedics.
8. KOA news letter was published in the month of December which apart from activities of KOA had called for nominations for the post of President elect, Secretary and executive committee members for the KOA for coming years.
9. Dr. Benjamin Joseph KOA member delivered two guest lectures in the 8th Annual International Paediatric Orthopaedic Symposium in Orlando FL, USA. December 1st to 5th 2011.
10. Dr. Anil Bhat KOA member attended the Annual Conference of Bangladesh Society for Surgery of the Hand (BDSSHCON2011) and gave two guest lectures and also presented a paper.
11. District Orthopaedic Clubs of Tumkur, Canara and Hassan had new office bearers elected and their activity reports were sent to KOA Office.

January

1. Cadaveric workshop on Acetabular fracture was conducted on 7th January at Sanjay Gandhi Memorial Hospital & Bangalore Medical College. This event included interactive lectures, Bone model workshop on acetabular fractures. This was followed by cadaveric workshop on anterior and posterior approaches to the acetabulum on soft cadavers. This program was attended by 150 orthopaedic surgeons from South India.
2. "Bone School" was formed under the aegis of KOA. The purpose of this school is to conduct the PG teaching programs every month based on the theme of different regions. Dr. Sharan Patil was made director to conduct these programs. The first meeting was held in January on 8th Sunday. The theme was on Hip Joint. The program included lecture on Examination of hip and radiology of hip. This was followed by the clinical case discussions on hip. 142 postgraduates from all over South India attended the meeting. The resource persons were eminent teachers of South India.
3. Elections for the post of President Elect 2012 was held in the month of January 2012. There were three contestants. The election was through the postal Ballot. 540 members of the association exercised their franchise.

4. Four qualified Orthopaedic Surgeons from Tamilnadu Orthopaedic Association came to KMC Manipal to do their fellowship for 2 weeks. They were rotated in the subspecialty units of KMC Manipal. They observed, assisted various arthroscopic, spine and joint replacement surgeries. They also attended the daily rounds, OPD and clinical programs.
5. Dr. Benjamin Joseph (2) and Dr. Hitesh Shah, KOA members gave guest lectures in the Annual conference of Paediatric Orthopaedic Society of India in Pune. Dr. Siddesh a KOA member presented a paper.
6. Dr. Vivek Pandey delivered a guest lecture in the Indo US shoulder conclave at Coimbatore.
7. District Orthopaedic Clubs of Shimoga and Bellary had new office bearers taking over and they reported the proceedings to KOA office.

February.

1. Annual conference of the Karnataka Orthopaedic Association was held in the Month of February on 3rd, 4th & 5th. This was attended by 640 members of the association. There were five international faculty and 21 national faculty from all the states. KOA members also were faculty and resource persons.
On 3rd February Morning hoisting of flag of KOA was done for symbolic inauguration of the conference. CME session was in the morning, the theme was Acetabulum and pelvic fracture. In the afternoon four workshops were conducted. AFN workshop on bone models, Shoulder arthroscopy workshop with live surgery, Total Knee workshop with bone models and Basic surgical skill workshop on tendon suturing for PGs. Each workshop was limited to 60 participants. Inauguration of the conference was conducted on 3rd evening. Inauguration was by the women & Children welfare minister of Karnataka. During the inauguration senior orthopaedic surgeons of the Karnataka Orthopaedic Association were honoured.
On 4th February Guest lectures, Dr. Verghese Chacko oration, Award session for papers were conducted. The program simultaneously went on in three halls. Preliminary PG quiz was conducted. General body meeting was held in the evening and the matters related to KOA were sorted out. New office bearers, election results were announced.
On 5th February paper presentations, symposium and guest lecture were done simultaneously in three halls. Dr. Shamsundar Shetty oration was delivered. Final of PG quiz was conducted and two representatives from Karnataka for IOA PG quiz in Chennai were selected. Valedictory function was held in the afternoon. Awards for Best paper, 2nd best paper, best case report and best poster were given. New office bearers took the mantle. Dr. Sharath K Rao took over as the new president of the KOA for the year 2012-2013. Dr. Purushothum V J took over as secretary for three years starting from 2012 February.
2. Second PG teaching program of the year by “Bone School” was done on 12th February, 2012. The theme this time was “Spine”. There were talks on examination of spine and

radiology of spine. Then there were case presentation of spine cases. 120 postgraduates from various part of South India attended the course.

3. Cadaveric workshop on total knee replacement was conducted in advanced learning center in Ramayya institute Bangalore, 25 Orthopaedic surgeon had training on cadavers in knee replacement.
4. Hassan Orthopaedic Association conducted a CME program on Acetabular fracture on 19th February 2012. Dr. Chandrashekhar was the resource person. This meeting was attended by 48 members of KOA.
5. Mysore Orthopaedic Society along with Lions Club of Mysore conducted free camp for detection and treatment of osteoporosis. This was conducted on 26th February 2012. Around 150 patients pre registered for the camp and further 200 were seen after them.
6. Silver Jubilee Annual conference of Bangladesh Orthopaedic Association was held in Dakha. Dr. Sharath K Rao, Dr. P Sripathi Rao, Dr. Harshad Shah, KOA members were invited as the faculty and gave guest lectures. Three scientific papers were presented in the Conference by the KOA members.
7. Dr. Nikhil Bandare member of Goa Orthopaedic Society was awarded Arthroscopy fellowship for three months. He did his fellow ship from December to February 2011 in KMC Manipal unde Prof Sripathi Rao & Prof Sharath K Rao.

Paper publications:

More than 14 papers were published in the international indexed journals by the members of KOA, between November 2011 to February 2012, the details of which will be given in annual report